

The Krishnamurti Reader

Inspired By Krishnamurti S Belief That Truth Is Found Through Living, The Book Of Life Presents 365 Timeless Daily Meditations, Developed Thematically Over Seven Days, Illuminating The Concepts Of Freedom, Personal Transformation, Living Fully Awake And Much More. For Everyone Who Has Come To Cherish The Wisdom Of This Extraordinary Spiritual Sage As Well As Anyone Discovering Krishnamurti For The First Time The Book Of Life Is A Profound Collection Of Insights To Treasure Everyday. The Story Of Mankind Is In You, The Vast Experience, The Deep-Rooted Fears, Anxieties, Sorrow, Pleasure And All The Beliefs That Man Has Accommodated Throughout The Millennia. You Are That Book. J. Krishnamurti

Widely recognized as one of the most influential spiritual teachers of the twentieth century, Jiddu Krishnamurti taught that in order for there to be peace in the world, we must each first make peace with ourselves. No spiritual path, leader, or personal or political philosophy will guide us in this endeavor, he said; this transformation of the human psyche is a truth that each of us must discover within. Here, Krishnamurti teaches that the war and destruction human beings wreak on each other and the environment are caused by our misplaced attachment to a sense of self and individuality that leads to aggression, competition, greed, and conflict. When we recognize that our consciousness is not individual but common to all humans, we can

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work together in a spirit of cooperation and compassion. Krishnamurti shows that taking personal responsibility for our actions and reactions—in our relationships and in our lives—is the necessary first step toward a global view

A revised and expanded edition of the definitive guide to the Diamond Approach, the modern contemplative practice that integrates psychology and spirituality and emphasizes the importance of self-inquiry. The Diamond Approach has been developed and taught over the last forty-five years by Hameed Ali, who is known chiefly by his pen name, A. H. Almaas. This book, the first to offer a full overview of the Diamond Approach, is now revised and expanded with a new foreword by Almaas, a new preface by the author, and a new chapter that explores the most recent developments in Almaas's teaching and practice methods. Author John Davis offers a rich, compelling introduction to the unique spiritual tradition that philosopher Ken Wilber recommends as "the most balanced of the widely available spiritual psychologies/therapies." Influenced by ancient traditions such as Sufism and Buddhism as well as by modern psychology, the Diamond Approach is particularly well-suited to twenty-first century seekers who embrace both spirituality and science. Beginning with an account of his own work with the Diamond Approach, Davis proceeds to outline the tradition's central practice of Inquiry, a form of open-ended exploration of present-moment experience akin to mindfulness practice. From there, he launches readers into an exploration of metaphysical concepts such as soul, space, Essence, self-realization,

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and the dimensions of Being. Complex yet concise, profound yet accessible, The Diamond Approach offers readers bold new perspectives on reality and human potential.

To Be Human presents Krishnamurti's radical vision of life in a new way. At the heart of this extraordinary collection are passages from the great teacher's talks that amplify and clarify the nature of truth and those obstacles that often prevent us from seeing it. Most of these core teachings have not been available in print until now. Besides presenting the core of Krishnamurti's message, the book alerts the reader to his innovative use of language, the ways in which he would use "old words with new interpretations," then gives practical examples, showing that we can clarify our understanding of life itself—and act on this new understanding. The splendid introduction by David Skitt discusses Krishnamurti's philosophy as a guide to knowledge and experience, the roles knowledge and experience should play in our lives, and the times when it is best to cast them aside and "look and act anew." The book's source notes will aid the inquisitive reader who wishes a deeper understanding of this great teacher's message.

This book gives an intimate portrayal of the philosopher sage Jiddu Krishnamurti by several of his colleagues who knew him over many decades and interacted with him closely. It reveals several aspects of the man and investigates his teachings in depth. The author, Professor P.Krishna, was a Professor of Physics and was closely

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associated with him for nearly 3 decades. He has lectured all over the world and conducted dialogues about Krishnamurti's teachings.

Changing Oneself, Changing The World. Genuine Reform, Says Krishnamurti, Can Be Brought About Only By Individuals Who Have Discovered What It Is To Love And To See . In This Radical Text, Which Brings Together Two Of His Most Popular And Influential Works, The Only Revolution And The Urgency Of Change, The Spiritual Teacher Who Rebelled Against Religion Points To A New Order Arising When We Have Ceased To Be Envious And Vicious And Have Died To Everything We Know, For Only Then Can We Give Birth To The Innocence That Allows The Timeless New To Come Into Being . The Traditional Reformer, By Contrast, Merely Patches The Old. It Is Through A Meditative Mind That Dissolves The Distinction Between Oneself And The World That Life Takes On Meaning And The Beauty Of The Heavens And The Earth Is Constant . Krishnamurti Says, Simply: When You Are Not, Love Is. Seeing, He Declares, Is The Greatest Of Skills. In These Pages, Gently, He Helps Us To Open Our Hearts And Our Eyes.

Jiddu Krishnamurti (1895-1986) was an independent spiritual teacher for the rest of his life, writing many books such as Krishnamurti Reader: No. 1, You are the World, Commentaries on living;: First series, from the notebooks of J. Krishnamurti. Mary Lutyens (1908-1999) was a British author best known for her three-volume biography of Jiddu Krishnamurti; the other volumes in this series are Krishnamurti: The Years of

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Fulfilment and Krishnamurti: The Open Door. She wrote in the Foreword to this 1975 book, "This account of the life of the first thirty-eight years of Krishnamurti's life has been written at his suggestion and with all the help he has been able to give me. it shows the circumstances of the unfolding of Krishnamurti's teaching and demonstrates his extraordinary achievement in freeing himself from the many hands that clutched at him in an endeavour to force him into the role of traditional Messiah." He told his audience, "I maintain that Truth is a pathless land, and you cannot approach it by any path whatsoever, by any religion, by any sect... I do not want to belong to any organization of a spiritual kind; please understand this." Lutyens' sympathetic, yet detailed and critical biography is "must reading" for anyone wanting to know more about Krishnamurti.

My Teaching, If That Is The Word You Want To Use, Has No Copyright. You Are Free To Reproduce, Distribute, Interpret, Misinterpret, Distort, Garble, Do What You Like, Even Claim Authorship, Without My Consent Or The Permission Of Anybody. Thus Spoke U.G. Krishnamurti In His Uniquely Iconoclastic And Subversive Way, Distancing Himself From Gurus, Spiritual Advisers , Mystics, Sages, Enlightened Philosophers Et Al. UG S Only Advice Was That People Should Throw Away Their Crutches And Free Themselves From The Stranglehold Of Cultural Conditioning. Uppaluri Gopala Krishnamurti Was Born On 9 July 1918 In Masulipatnam, A Coastal Town In Andhra Pradesh. He Died On 22 March 2007 At The Age Of Eighty-Nine In Vallecrosia, Italy, At

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The Villa Of A Friend. The Effect That He Had, And Will Continue To Have, On Legions Of His Admirers Is Difficult To Put Into Words. With His Flowing Silvery Hair, Deep-Set Eyes And Elongated Buddha-Like Ears, He Was An Explosive Yet Cleansing Presence And Has Been Variousy Described As A Wild Flower Of The Earth , A Bird In Constant Flight , An Anti-Guru And A Cosmic Naxalite . Ug Gave No Lectures Or Discourses And Had No Organization Or Fixed Address, But He Travelled All Over The World To Meet People Who Flocked To Listen To His Anti-Teaching . His Language Was Always Uncompromisingly Simple And Unadorned, His Conversational Style Informal, Intimate, Blasphemous And Invigorating. This Reader, Edited By Long-Time Friend And Admirer Mukunda Rao, Is A Compilation Of Ug S Freewheeling And Radical Utterances And Ideas. Ug Unceasingly Questioned And Demolished The Very Foundations Of Human Thought But, As Rao Says, In The Cathartic Laughter Or The Silence After Ug Had Spoken, There Was A Profound Sense Of Freedom From Illusory Goals And The Tyranny Of Knowledge, Beauty, Goodness, Truth And God .

For nearly sixty years, J. Krishnamurti, one of the most distinguished voices of modern times, tirelessly traveled the world lecturing on the need to know the mind, and earned the respect of countless people. Dozens of books document his talks both in the US and in Europe. Discover the Immeasureable contains a series of six lectures given by J. Krishnamurti in the Fall of 1956. It includes the original questions from his listeners, together with his insightful and practical answers. These lectures, as all of the great

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philosopher's work, are based on the need for radical change in understanding our own minds. With the term "immeasurable," Krishnamurti is urging us to explore "what is beyond the beliefs and theories, beyond the sentimental hopes and intellectual assertions [and] mere projections of the mind" that determine our lives. He calls us to passionate action in experiencing life directly, since "only direct experience has validity." To directly experience what is immeasurable will have an extraordinary significance in our lives, even to the point of realizing what is God, or what is truth. The practice of knowing oneself is not an esoteric one, the author asserts. What we discover, with focused attention, is that truth is revealed in every relationship and at every moment. Krishnamurti advocates the practice of meditation not as some otherworldly transport, but as the method for initiating self-knowledge. Through meditation the mind becomes stilled, without demands. In this state, he speculates, "that which is not measurable comes into being." Attachment to any belief undermines the search for truth. A book for seekers of wisdom & truth from any tradition ... or no tradition. For readers of J. Krishnamurti's previous books, and for bookstores and libraries—university & public—everywhere.

In 1968—a time when young Americans were intensely questioning the values of their society—Krishnamurti gave a series of talks to college students in the United States and Puerto Rico, exploring the true meaning of freedom and rebellion. Collected in this book, these lectures are perhaps even more compelling today, when both adults and

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young people are searching for the key to genuine change in our world.

An Intimate And Insightful Portrait Of A Remarkable Teacher And Spiritual Leader J. Krishnamurti (1895 1986) Was Born In Madanapalle, A Small Town West Of Chennai, To Brahmin Parents. In 1909, At The Age Of Fourteen, He Was Proclaimed As A Saviour And Subsequently Taken To England By Annie Besant. There, He Was Educated Privately And Groomed For The Role Of World Teacher. In 1929, However, He Rejected The Mantle And Disbanded The Organization Of Which He Was The Head, Declaring That He Did Not Want Disciples, Thereby Unleashing A Storm Of Controversy. A Gentle, Unassuming Teacher, Over The Next Half-Century Krishnamurti Would Travel The World Bearing His Message, Inspiring The Likes Of Jawaharlal Nehru, Aldous Huxley, George Bernard Shaw And The Dalai Lama. For The First Time, The Complete Biography Of J. Krishnamurti Is Available In One Volume: The Years Of Awakening, 1895 To 1935 Recounts His Childhood Days And Grooming For His Messianic Role; The Years Of Fulfilment, 1935 To 1980, A Comprehensive Account Of The Years He Spent Spreading His Extraordinary Philosophy Of Enlightenment And Truth; And The Open Door, 1980 To 1986, The Final Chapter Of An Epic Life. Mary Lutyens, Who Had Known Krishnamurti Since She Was Three Years Old, Has Drawn On The Unpublished Letters And Personal Recollections Of The Great Man To Bring Us An Unforgettable And Affecting Account Of The Life Of This Beloved Religious Figure Who Touched The Hearts And Minds Of Millions.

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On Fear is a collection of Krishnamurti's most profound observations and thoughts on how fear and dependence affect our lives and prevent us from seeing our true selves. Among the many questions Krishnamurti addresses in these remarkable teachings are: How can a mind that is afraid love? And what can a mind that depends on attachment know of joy? He points out that the voice of fear makes the mind dull and insensitive, and argues that the roots of hidden fears, which limit us and from which we constantly seek escape, cannot be discovered through analysis of the past. Questioning whether the exercise of will can eliminate the debilitating effects of fear, he suggests, instead, that only a fundamental realization of the root of all fear can free our minds.

Wisdom, love, freedom, intelligence, austerity, innocence---these are words which are perfectly intelligible to a reader in a general context. Not so when they occur in the teachings of Jiddu Krishnamurti, for the teacher used them in a special sense, based on his own perception of life. The nuances in meaning often elude the reader and it is this problem that the book attempts to address. The book includes nearly three hundred passages, culled from original writings of the seer, broadly grouped into fifteen major themes. Explanatory notes follow the passages on the keywords. The book makes no claim to being a substitute for J.Krishnamurti's writings. It facilitates a clearer understanding of his words.

This reader introduces to a wide public one of the most extraordinary and profoundly influential teachers of the twentieth century. Krishnamurti was educated by Annie

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Besant to be the World Teacher and the salvation of the nations; he rejected this Messianic role, announcing that he did not seek disciples, but his gentle, simple and human example inspired Aldous Huxley and continues to influence seekers after truth in our own day. Krishnamurti did not have a 'philosophy'. Rather, he hoped to liberate people from all systems— from the bonds of ideology and received opinion as well as from organized religion, from the tyranny of the mind and the tyranny of the body. His message, addressed directly to every individual, is one of unity and wholeness, of total understanding and total love. As the Observer said of one of his books, 'For those who wish to listen, it will have a value beyond words.'

J. Krishnamurti is one of the most revolutionary thinkers of our age. To listen to him or to read his books is an experience by itself. He challenges every norm and value of individual as well as social life. He is not interested in mere outer changes; he stands for a fundamental transformation, what he calls the Mutation of the Mind. He states that there must arise first the New Man before a New Society can be brought into existence. The present book deals comprehensively with all aspects of Krishnamurti's teachings, his philosophy, his psychology and a practice of no-practice. Krishnamurti says: Society is always static; only in the individual can there be a radical revolution. It is with this individual revolution that this book is fundamentally concerned.

On Truth questions the very nature of reality and asks whether truth can be found by following any belief or teacher. Krishnamurti taught that truth comes uninvited, "with

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glory," when one puts all in order, and "in that there is great sacredness."

A classic collection of excerpts from one of the great spiritual leaders of the twentieth century--now in the newly designed Shambhala Pocket Library series. Jiddu Krishnamurti (1895–1986) went from his origins in a small south Indian village to become one of the great spiritual teachers of the twentieth century. He taught that the only way to create peace on earth is to transform the human psyche—but that there is no path to this transformation, no method for achieving it, and no gurus nor spiritual authorities who can help. Rather, the transformation is a truth that each of us must discover within ourselves. This classic collection of brief excerpts from Krishnamurti's books and talks presents the essence of his teaching on meditation—a state of attention, beyond thought, which brings total freedom from authority and ambition, fears and separateness.

J. Krishnamurti was renowned for the penetrating insight and immediacy of his spiritual teaching. Radical in his day for seeking truth beyond the boundaries of religion, ideology, or tradition, he declared that "Truth is a pathless land, and you cannot approach it by any path whatsoever." He traveled and lectured throughout the world, calling for a new approach to life and spirituality. In this compilation of Krishnamurti's most essential teachings, he explores what he calls "the art of living." The topics addressed include such perennial human concerns as: living life without conflict and confusion, how to act with skill and clarity, the significance of meditation, death and dying, true freedom, and bringing the sacred into everyday life. These timeless teachings guide us to live our lives simply, intelligently, and with great love—free from the bonds of sorrow and fear.

FOUR MILLION COPY BESTSELLING AUTHOR 'One of the greatest thinkers of the age' The

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Dalai Lama What is love? Who am I without my relationships? What is the relationship between myself and society? One of the world's greatest philosophical teachers, Krishnamurti, offers his inspiring wisdom on a core feature of life: our relationships. From parents to partners and colleagues to friends, Krishnamurti answers our deepest defining questions and reveals a path to truly loving yourself, others and the world around you.

Krishnamurti is a leading spiritual teacher of our century. In *The First and Last Freedom* he cuts away symbols and false associations in the search for pure truth and perfect freedom. Through discussions on suffering, fear, gossip, sex and other topics, Krishnamurti's quest becomes the readers, an undertaking of tremendous significance.

On Mind and Thought considers the enigmatic nature of the brain and mind, conditioned thought, and truly creative thinking. Krishnamurti's books have sold more than 200,000 copies. This book contains a fascinating collection of dialogues between one of the greatest mystics of the twentieth century and other great influential thinkers.

In *Freedom, Love, and Action*, Krishnamurti points to a state of total awareness beyond mental processes. With his characteristic engaging, candid approach, Krishnamurti discusses such topics as the importance of setting the mind free from its own conditioning; the possibility of finding enlightenment in everyday activities; the inseparability of freedom, love, and action; and why it is best to love without attachment.

What You Are Is Much More Important Than What You Should Be. You Can Understand What Is, But You Cannot Understand What Should Be. The Essential Message Of J. Krishnamurti, Revered Philosopher And Spiritual Teacher, Challenges The Limits Of Ordinary Thought. In Talks To Audiences Worldwide He Pointed Out To Listeners The Tangled Net Of Ideas,

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Organizational Beliefs And Psychological Mind-Sets In Which Humanity Is Caught, And That Truth The Understanding Of What Is Not Effort, Is The Key Factor Of Human Liberation. Commentaries On Living, A Three-Volume Series, Records Krishnamurti S Meetings With Individual Seekers Of Truth From All Walks Of Life. In These Dialogues, He Reveals The Thought-Centred Roots Of Human Sorrow And Comments On The Struggles And Issues Common To Those Who Strive To Break The Boundaries Of Personality And Self-Limitation. In Over Fifty Essays In Each Volume, Krishnamurti Explores Topics As Diverse As: Knowledge Truth Fulfilment Meditation Love Effort Seeking Life And Death Education The Series Invites Readers To Take A Voyage On An Uncharted Sea With Krishnamurti In His Exploration Of The Conditioning Of The Mind And Its Freedom.

One of the greatest thinkers of the 20th century describes a series of his encounters around the world with a wide variety of spiritual seekers. Their questions and his answers explore the nature of the lived experience, the details of profound self-inquiry and how to live a fulfilled life. These 60 chapters, with titles like "Solitude Means Freedom", "All Seeking is from Emptiness and Fear", and "Life is an Extraordinarily Beautiful Movement", carry the essence of Krishnamurti's teaching style and profoundest wisdom. Each one reflects an encounter K had at different times during the sixties and seventies. It opens with a poetic account of the location where the encounter took place, plus occasionally a description of the seeker that K has met. The chapter then moves back and forth between the seeker and the teacher, giving the reader plenty to reflect upon. This is previously unpublished material. Readers will be captivated by the luminous prose and the piercing insight. The style is enigmatic and poetical but each chapter contains more than enough for the reader to consider, perhaps as a daily practice. In

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the style of Paulo Coelho they have the quality of fables, but the teaching is far more profound and challenging.

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Relying heavily on his letters, traces the religious leader's development from Theosophical Society child messiah to independent teacher and the unfolding of his teaching
This Reader Introduces To A Wide Public One Of The Most Extraordinary And Profoundly Influential Teachers Of The Twentieth Century. Krishnamurti Was Educated By Annie Besant To Be The World Teacher And The Salvation Of The Nations; He Rejected This Messianic Role, Announcing That He Did Not Seek Disciples, But His Gentle, Simple And Human Example Inspired Aldous Huxley And Continues To Influence Seekers After Truth In Our Own Day. Krishnamurti Did Not Have A Philosophy . Rather, He Hoped To Liberate People From All Systems From The Bonds Of Ideology And Received Opinion As Well As From Organized Religion, From The Tyranny Of The Mind And The Tyranny Of The Body. His Message,

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Addressed Directly To Every Individual, Is One Of Unity And Wholeness, Of Total Understanding And Total Love. As The Observer Said Of One Of His Books, For Those Who Wish To Listen, It Will Have A Value Beyond Words.'

J. Krishnamurti, one of the most beloved and renowned religious teachers of the twentieth century, often taught his students that they must look at the state of the world, with all its violence and conflict, if they are ever to understand themselves. To turn away from world events was for him not to be alive to what life has to teach. Facing a World in Crisis presents a selection of talks that Krishnamurti gave on how to live in and respond to troubling and uncertain times. His message of personal responsibility and the importance of connecting with the broader world is presented in a nonsectarian and nonpolitical way. Direct and ultimately life-affirming, Facing a World in Crisis will resonate with readers today who are looking for a new way to understand and find hope in challenging times.

Krishnamurti offers radically different answers to questions about relationship with others, and why we do not act with clarity and intelligence. He says, Surely true action comes from clarity. When the mind is very clear, unconfused, not contradictory within itself, then action inevitably follows from that clarity.

A classic biography of one of the greatest spiritual teachers of our times In 1909, when he was just fourteen, Krishnamurti was proclaimed the world teacher in whom Maitreya, the Bodhisattva of compassion, would manifest. The proclamation was made by Annie Besant, then president of the Theosophical Society, a movement that combined Western occult philosophy with Buddhist and Hindu teachings. Besant trained Krishnamurti in his role as the chosen one but twenty years later he chose to disband the order he was head of and set out

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alone on his endless journey— As a contemporary of Krishnamurti and one of his closest associates. Pupul Jayakar offers an insider's view of the fascinating life and thought of an extraordinary individual.

Life Ahead presents lessons that move far beyond the traditional forms of education taught in most schools and colleges. Drawn from transcripts of talks given to Indian students, the book covers a wide range of universal topics. In short, accessible chapters, Krishnamurti explores the danger of competition, the value of solitude, the need to understand both the conscious and the unconscious mind, and the critical difference between concentration and attention, and between knowledge and learning. Krishnamurti exposes the roots of fear and eradicates deeply entrenched habits of tradition, limitation, and prejudice. The life he holds forth requires a complete change of thought, even a revolution, one that begins "not with theory and ideation," he writes, "but with a radical transformation in the mind itself." He explains how such transformation occurs only through an education that concentrates on the total development of the human being, an education carefully described in this simple yet powerful book.

WHAT ARE YOU DOING WITH YOUR LIFE? J. KRISHNAMURTI TEACHINGS FOR TEENS, edited by Dale Carlson. Teens learn to understand the self, the purpose of life, work, education, relationships. Through paying attention rather than accepting the authority of their conditioning, they can find out for themselves about love, sex, marriage, work, education, the meaning of life and how to change themselves and the world. The Dalai Lama calls Krishnamurti "One of the greatest thinkers of the age."

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These selections present the core of Krishnamurti's teaching on meditation, taken from discussions with small groups, as well as from public talks to large audiences. His main theme is the essential need to look inward, to know ourselves, in order really to understand our own—and the world's—conflicts. We are the world, says Krishnamurti, and it is our individual chaos that creates social disorder. He offers timeless insights into the source of true freedom and wisdom. 'The material contained in this volume was originally presented in the form of talks to students, teachers and parents in India, but its keen penetration and lucid simplicity will be deeply meaningful to thoughtful people everywhere, of all ages, and in every walk of life. Krishnamurti examines with characteristic objectivity and insight the expressions of what we are pleased to call our culture, our education, religion, politics and tradition; and he throws much light on such basic emotions as ambition, greed and envy, the desire for security and the lust for power – all of which he shows to be deteriorating factors in human society.' From the Editor's Note 'Krishnamurti's observations and explorations of modern man's estate are penetrating and profound, yet given with a disarming simplicity and directness. To listen to him or to read his thoughts is to face oneself and the world with an astonishing morning freshness.' Anne Marrow Lindbergh

This is a new release of the original 1927 edition.

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This is a new release of the original 1928 edition.

Many have considered Buddhism to be the religion closest in spirit to J. Krishnamurti's spiritual teaching—even though the great teacher was famous for urging students to seek truth outside organized religion. This record of a historic encounter between Krishnamurti and a group of Buddhist scholars provides a unique opportunity to see what the great teacher had to say himself about Buddhist teachings. The conversations, which took place in London in the late 1970s, focused on human consciousness and its potential for transformation. Participants include Walpola Rahula, the renowned Sri Lankan Buddhist monk and scholar, author of the classic introductory text *What the Buddha Taught*. Krishnamurti explores the origin and roots of thought, the limits of consciousness, the nature of pleasure and joy, personal relationships and meditation, all of which revolve around the central issues of the search for self-knowledge.

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